

CIA WRESTLING

Starting March 4th, 2012

Blue Group:

This group is for middle school and elementary wrestlers.

Sundays 1:30-3:00

Wednesdays 6:45-8:15

White Group:

This group is for high school wrestlers.

Sundays 3:15-4:45

Wednesdays 5:00-6:30

Orange Group:

This group is for high school wrestlers over 145 lbs.

Sundays/Mondays 5:00-6:30

Red Group:

This group is for high school wrestlers under 145lbs.

Sundays/Mondays 6:45-8:15